

TO: Girls Cross Country Coach/Boys Cross Country Coach

## THE HONOLULU MARATHON/KAISER HIGH SCHOOL CROSS COUNTRY INVITATIONAL

\*\*\*\*\*AT KAISER HIGH SCHOOL\*\*\*\*\*

The Honolulu Marathon/Kaiser High School Cross Country Invitational Will Be Held On Saturday, September 22, 2012 Kaiser High School. The Honolulu Marathon sponsorship is providing race tee shirts to all participants.

Girls & Boys JV/Varsity course will be 3.0 miles (JV 9<sup>th</sup> & 10 grades).  
Girls & Boys Intermediate (7<sup>th</sup> & 8<sup>th</sup> Grades) course will be 2 miles.

### TIME SCHEDULE ON DAY OF MEET

8:00 COACHES MEETING  
8: 40 Girls JV  
9:15 Boys JV  
9:50 GIRLS VARSITY  
10:25 BOYS VARSITY  
11:00 GIRLS INTEMEDIATE  
11:30 BOYS INTERMEDIATE

### AWARDS FOR JV AND VARSITY & INTEMEDIATE RACES EVENTS

Top 20 finishers in each race will receive metals  
Top 5 Teams in each race will receive plaques.

### SUBMIT ENTRIES TO:

[steve@pacificsportevents.com](mailto:steve@pacificsportevents.com)

ENTRIES DUE ON MONDAY SEPTEMBER 17, 2012- 5:00 PM

On Tuesday September 18, go to [www.pseresults.com](http://www.pseresults.com) to check your entries. If your entries are not found please resend and contact Dennis Swart at 372-3255 to discuss.

There is no limit to number of entries but only top five will count towards scoring.

ELGIBILITY:

1. Intermediate entries for public schools must have principals' signature.
2. All contestants must meet the eligibility of their own interscholastic league.

Note: School Bus parking is outside of school. Contact Dennis Swart at 372-3255 or [swartde@earthlink.net](mailto:swartde@earthlink.net) if questions.

Please provide entries with following information

HONOLULU MARATHON/KAISER HIGH SCHOOL CROSS COUNTRY INVITATIONAL  
AT KAISER HIGH SCHOOL

DIVISION \_\_\_\_\_

SCHOOL \_\_\_\_\_

COACH \_\_\_\_\_ PHONE # \_\_\_\_\_

CONFIRMATION E-MAIL \_\_\_\_\_

ATHLETES NAMES-PLEASE PRINT  
LAST NAME, FIRST NAME

THE ENTRIES LISTED ABOVE ARE APPROVED AND MEET ELGIBILITY REQUIREMENT  
COACH OR PRINCIPAL (please sign) \_\_\_\_\_