



2019 Season Bests

Highlighter

2 Miles

Mens

1.	11	Luis Garcia	10:34.6	PR	Aug 31	Pearl City HS 2 Mile T...
2.	11	Kale Glunt	10:50.1	PR	Aug 31	Pearl City HS 2 Mile T...
3.	12	Kyle Shifflett	11:18.6	PR	Aug 31	Pearl City HS 2 Mile T...
4.	10	Payton Ikeda	11:45.4	PR	Aug 31	Pearl City HS 2 Mile T...
5.	10	Myles Partin	11:50.5	PR	Aug 31	Pearl City HS 2 Mile T...
6.	12	Daniel Stewart	12:01.3	PR	Aug 31	Pearl City HS 2 Mile T...
7.	9	Gavin Bush	12:04.6	PR	Aug 31	Pearl City HS 2 Mile T...
8.	10	Murphy Boksanski	12:18.0	PR	Aug 31	Pearl City HS 2 Mile T...
9.	10	Aaron Komatsu	12:26.9	PR	Aug 31	Pearl City HS 2 Mile T...
10.	9	Nathan Lopez	12:33.0	PR	Oct 5	2019 Punahou Invitatio...
11.	11	Zachary Montayre	12:48.0	PR	Aug 31	Pearl City HS 2 Mile T...
12.	9	JP Orpilla	12:55.0	PR	Aug 31	Pearl City HS 2 Mile T...
13.	11	Chase Miyagi-Machida	12:57.3	PR	Aug 31	Pearl City HS 2 Mile T...
14.	11	Arion Ugalino	13:00.6	PR	Aug 31	Pearl City HS 2 Mile T...
15.	10	Ethan Alquisa	13:35.1		Aug 31	Pearl City HS 2 Mile T...
16.	10	Kendall Wong	13:42.0	PR	Aug 31	Pearl City HS 2 Mile T...
17.	10	Adrian Soriano	13:50.3	PR	Aug 31	Pearl City HS 2 Mile T...
18.	11	Reyn Nishimura	13:51.8	PR	Aug 31	Pearl City HS 2 Mile T...
19.	10	River Rabang	14:00.5	PR	Oct 5	2019 Punahou Invitatio...
20.	9	Bryce Miller	14:15.9	PR	Oct 5	2019 Punahou Invitatio...
21.	12	Reese Yamamoto	14:16.7	PR	Aug 31	Pearl City HS 2 Mile T...
22.	10	Nathan Shinogawa	14:40.4	PR	Oct 5	2019 Punahou Invitatio...
23.	9	Jesus Rosa	15:04.3	PR	Aug 31	Pearl City HS 2 Mile T...
24.	10	Nicolas Adznara	15:36.2	PR	Aug 31	Pearl City HS 2 Mile T...
25.	-	Dominic Nuanes	15:40.8		Aug 31	Pearl City HS 2 Mile T...
26.	10	Luke Stevens	16:02.7	PR	Oct 5	2019 Punahou Invitatio...
27.	9	George Lee	18:19.5	PR	Oct 5	2019 Punahou Invitatio...
28.	10	Toby Nguyen	18:41.3	PR	Oct 5	2019 Punahou Invitatio...
29.	9	Jonathan Bormann	19:28.7	PR	Oct 5	2019 Punahou Invitatio...

Womens

1.	9	Zola O'Donnell	12:52.4	PR	Aug 31	Pearl City HS 2 Mile T...
2.	9	Kaylin Broussard	13:31.1	PR	Aug 31	Pearl City HS 2 Mile T...
3.	11	Madison Hunter	13:49.0	PR	Aug 31	Pearl City HS 2 Mile T...
4.	9	Ellie Ikemura	13:49.6	PR	Oct 5	2019 Punahou Invitatio...
5.	9	Cassie Chong	14:22.8	PR	Aug 31	Pearl City HS 2 Mile T...
6.	12	Kaela Soberman	14:43.1		Aug 31	Pearl City HS 2 Mile T...
7.	10	Misa Miyashiro	15:23.4	PR	Aug 31	Pearl City HS 2 Mile T...
8.	11	Zianyá Gonzalez	15:41.5		Aug 31	Pearl City HS 2 Mile T...
9.	11	Kammi Miyashita	15:50.0	PR	Aug 31	Pearl City HS 2 Mile T...
10.	9	Gabriella Stonerook	16:24.5	PR	Aug 31	Pearl City HS 2 Mile T...
11.	9	Allison Iida	16:25.0	PR	Aug 31	Pearl City HS 2 Mile T...
12.	12	Ciarra Paresa	17:09.4		Aug 31	Pearl City HS 2 Mile T...
13.	10	Kylie Sisson	17:20.8	PR	Oct 5	2019 Punahou Invitatio...
14.	10	Marlee Naira	20:00.4	PR	Aug 31	Pearl City HS 2 Mile T...

5,000 Meters

Mens

1.	11	Kale Glunt	17:18.4	PR	Sep 7	2019 Mililani Invitati...
2.	11	Luis Garcia	18:35.5		Sep 21	Michael Doran Invitati...

3.	12	Kyle Shifflett	18:38.0		Sep 7	2019 Mililani Invitati...
4.	9	Nathan Lopez	18:44.7	PR	Oct 19	OIA JV Cross Country C...
5.	10	Myles Partin	18:53.5	PR	Oct 19	OIA JV Cross Country C...
6.	11	Justin Holder	18:56.4	PR	Sep 7	2019 Mililani Invitati...
7.	10	Payton Ikeda	19:34.5	PR	Sep 7	2019 Mililani Invitati...
8.	12	Daniel Stewart	19:37.4	PR	Sep 7	2019 Mililani Invitati...
9.	10	Andrew Garcia	19:45.6	PR	Sep 7	2019 Mililani Invitati...
10.	9	JP Orpilla	19:50.7	PR	Oct 19	OIA JV Cross Country C...
11.	9	Gavin Bush	19:56.4	PR	Sep 21	Michael Doran Invitati...
12.	10	Murphy Boksanski	19:58.0	PR	Sep 7	2019 Mililani Invitati...
13.	11	Jason Williams	20:11.4		Sep 21	Michael Doran Invitati...
14.	12	Jacob Hirayama	20:15.7	PR	Sep 21	Michael Doran Invitati...
15.	11	Arion Ugalino	20:41.9	PR	Sep 7	2019 Mililani Invitati...
16.	9	Bryce Miller	20:47.0	PR	Sep 7	2019 Mililani Invitati...
17.	10	Ethan Alquisa	21:02.6	PR	Sep 21	Michael Doran Invitati...
18.	10	Aaron Komatsu	21:09.8		Oct 19	OIA JV Cross Country C...
19.	11	Chase Miyagi-Machida	21:14.0	PR	Sep 7	2019 Mililani Invitati...
20.	11	Bryan Calabatin	21:18.7		Sep 7	2019 Mililani Invitati...
21.	11	Zachary Montayre	21:20.8	PR	Sep 7	2019 Mililani Invitati...
22.	10	Grant Nakasone	21:43.9	PR	Sep 7	2019 Mililani Invitati...
23.	10	Nathan Shinogawa	22:12.5	PR	Sep 7	2019 Mililani Invitati...
24.	10	River Rabang	22:21.9	PR	Sep 21	Michael Doran Invitati...
25.	10	Kendall Wong	22:36.4	PR	Sep 21	Michael Doran Invitati...
26.	12	Reese Yamamoto	22:42.2	PR	Sep 7	2019 Mililani Invitati...
27.	11	Reyn Nishimura	22:56.4	PR	Sep 7	2019 Mililani Invitati...
28.	11	Rodney Rabang	23:03.9	PR	Sep 7	2019 Mililani Invitati...
29.	11	Michael Taylor	23:53.7	PR	Sep 7	2019 Mililani Invitati...
30.	9	Jesus Rosa	24:06.7	PR	Sep 7	2019 Mililani Invitati...
31.	-	Dominic Nuanes	24:19.0	PR	Sep 7	2019 Mililani Invitati...
32.	9	Jake Sakanoi	24:29.1	PR	Sep 7	2019 Mililani Invitati...
33.	11	Bryson Fujimoto	25:58.5	PR	Sep 7	2019 Mililani Invitati...
34.	10	Nicolas Adznara	26:21.9	PR	Sep 7	2019 Mililani Invitati...
35.	9	Jonathan Bormann	26:28.2	PR	Sep 7	2019 Mililani Invitati...
36.	10	Luke Stevens	26:56.6	PR	Sep 7	2019 Mililani Invitati...
37.	10	Nicholas Abramo	28:48.2		Sep 21	Michael Doran Invitati...
38.	-	Logan Ching	29:25.1	PR	Sep 21	Michael Doran Invitati...
39.	9	George Lee	29:36.2	PR	Sep 21	Michael Doran Invitati...
40.	10	Toby Nguyen	30:11.7	PR	Sep 21	Michael Doran Invitati...
41.	9	Rashaan Soberman	31:33.3	PR	Sep 7	2019 Mililani Invitati...

Womens

1.	9	Zola O'Donnell	21:39.1	PR	Sep 7	2019 Mililani Invitati...
2.	9	Ellie Ikemura	21:58.9	PR	Oct 19	OIA JV Cross Country C...
3.	10	Kamryn Shigemoto	22:23.4	PR	Sep 7	2019 Mililani Invitati...
4.	9	Kaylin Broussard	22:26.7	PR	Sep 7	2019 Mililani Invitati...
5.	11	Madison Hunter	23:26.4	PR	Oct 12	OIA Western Division C...
6.	9	Cassie Chong	23:29.2	PR	Sep 7	2019 Mililani Invitati...
7.	12	Breanna Nuesca	23:49.0	PR	Sep 7	2019 Mililani Invitati...
8.	11	Zianyá Gonzalez	24:17.7		Oct 12	OIA Western Division C...
9.	12	Hope Ishizaka	25:37.0		Sep 21	Michael Doran Invitati...
10.	10	Misa Miyashiro	25:42.3	PR	Sep 7	2019 Mililani Invitati...
11.	11	Kammi Miyashita	25:45.0	PR	Sep 7	2019 Mililani Invitati...
12.	9	Gabriella Stonerook	25:46.9	PR	Oct 19	OIA JV Cross Country C...
13.	12	Kaela Soberman	25:57.6		Oct 12	OIA Western Division C...
14.	10	Kylie Sisson	27:05.7		Sep 21	Michael Doran Invitati...
15.	10	Kelsi Kiyoi	27:09.0		Sep 7	2019 Mililani Invitati...
16.	12	Ciarra Paresa	27:24.1	PR	Sep 7	2019 Mililani Invitati...
17.	10	Maria del Carmen Segura	27:33.6	PR	Sep 7	2019 Mililani Invitati...
18.	9	Jordan Yamada	27:48.3	PR	Sep 7	2019 Mililani Invitati...
19.	9	Allison Iida	27:50.3	PR	Sep 7	2019 Mililani Invitati...
20.	-	Kyla Yamada	27:57.7	PR	Sep 21	Michael Doran Invitati...
21.	9	Nadia Wood	29:42.6	PR	Sep 7	2019 Mililani Invitati...
22.	9	Maria Kamphaus	29:56.5	PR	Sep 7	2019 Mililani Invitati...
23.	11	Payton Murai	32:02.7		Oct 5	2019 Punahou Invitatio...
24.	9	Camilla Ramirez	33:29.7	PR	Sep 7	2019 Mililani Invitati...
25.	9	Cari Furoyama	44:49.7	PR	Sep 28	O.I.A. Qualifying Meet...