

Tournament Record Book

Cross Country - Boys - Division I

Team				Individual				
Year	School	Coach	Score	Champion	School	Time	Course	Site
1965	Punahou	Al Rowan	48	Duncan MacDonald	Kailua	10:00.0	Two Mile Course	Pali
1966	Kamehameha Schools-Kapalama	Lee Thomas	47	Duncan MacDonald	Kailua	10:10.2	Two Mile Course	Pali
1967	Kamehameha Schools-Kapalama	Lee Thomas	82	George Rapoza	Hilo	10:40.3	Two Mile Course	Pali
1968	Castle	Harold Kuha	44	Curt Mench	Castle	10:02.9	Two Mile Course	Pali
1969	Damien	Walker Chapman	56	Curt Mench	Castle	09:42.8	Two Mile Course	Pali
1970	Damien	Walker Chapman	71	Henry Marsh	Punahou	10:05.5	Two Mile Course	Waiehu
1971	Kalani	George Butterfield	75	Henry Marsh	Punahou	10:10.9	Two Mile Course	Pali
1972	Kalani	George Butterfield	95	Stein Rafto	MPI	10:37.1	Two Mile Course	HPA Campus
1973	Kalani	George Butterfield	77	Stein Rafto	MPI	10:03.6	Two Mile Course	Pali
1974	Radford	Thomas Chun	53	Nolan Gonsalves	Honokaa	13:34.2	Two and One-Half Mile Course	Waiehu
1975	Radford	Thomas Chun	66	Gary Myers	Radford	15:46.9	Two and One-Half Mile Course	Pali
1976	Radford	Thomas Chun	123	Dennis Hansan	Maryknoll	17:17.1	Three Mile Course	HPA Campus
1977	Radford	Thomas Chun	28	David Lynch	Radford	16:01.7	Three Mile Course	Pali
1978	Punahou	Ralph Dykes	67	David Lynch	Radford	16:04.0	Three Mile Course	Pali
1979	Radford	Thomas Chun	44	Jeff Schmitt	Radford	16:17.2	Three Mile Course	Waiehu
1980	Radford	Thomas Chun	60	Pat Frederick	Radford	16:33.3	Three Mile Course	Hawaii Loa College
1981	Punahou	Ralph Dykes	72	Joey Bunch	Radford	16:49.7	Three Mile Course	Hawaii Loa College
1982	Radford	Thomas Chun	73	Joey Bunch	Radford	16:45.4	Three Mile Course	HPA Campus
1983	Hawaii Preparatory	Stan Shutes	35	Alan Anzai	Saint Louis	15:45.0	Three Mile Course	Royal Kaanapali
1984	Seabury	Noel Murchie	87	Enrique Ryan	Saint Louis	16:53.9	Three Mile Course	HPA Campus
1985	Punahou	Ralph Dykes	57	Kenny May	Punahou	15:41.9	Three Mile Course	Wailua Golf Course
1986	Punahou	Ralph Dykes	38	Kenny Miller	Punahou	15:41.1	Three Mile Course	Royal Kaanapali
1987	Punahou	Ralph Dykes	64	Paul Bedish	Maryknoll	16:47.4	Three Mile Course	HPA Campus

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1988	Punahou	Ralph Dykes	41	Richie May	Punahou	15:41.9	Three Mile Course	Kauai CC
1989	Punahou	Ralph Dykes	72	Dean Frampton	Seabury	16:09.6	Three Mile Course	Kaanapali
1990	Punahou	Ralph Dykes	72	Tom Jeffrey	Punahou	16:53.4	Three Mile Course	HPA Campus
1991	Punahou	Ralph Dykes	83	Damian Potts	Lahainaluna	16:05.4	Three Mile Course	Kukuioolono Golf Course
1992	Hawaii Preparatory	Karl Honma	58	Shawn Nixon	Kalaheo	16:22.4	Three Mile Course	Kaanapali
1993	Hawaii Preparatory	Karl Honma	55	Shawn Nixon	Kalaheo	17:01.7	Three Mile Course	HPA Campus
1994	Hawaii Preparatory	Karl Honma	63	Matt Stevens	HI Baptist	15:45.5	Three Mile Course	Kukuioolono Golf Course
1995	Hawaii Preparatory	Karl Honma	75	Matt Stevens	HI Baptist	15:34.7	Three Mile Course	Waiehu Golf Course
1996	Punahou	Ralph Dykes	69	Matt Stevens	HI Baptist	17:09.0	Three Mile Course	HPA Campus
1997	Kamehameha Schools-Kapalama	Steve Jenness	83	Joshua Villanueva	Hilo	16:13.0	Three Mile Course	Waiakea Campus
1998	Kamehameha Schools-Kapalama	Steve Jenness	63	James Googe	Radford	15:47.0	Three Mile Course	Kauai CC
1999	Kamehameha Schools-Kapalama	Steve Jenness	52	Robby Philipp	Mililani	16:35.0	Three Mile Course	Maui Lani Golf Course
2000	Kamehameha Schools-Kapalama	Steve Jenness	37	Justin Peterson	Kamehameha Schools-Kapalama	17:35.0	Three Mile Course	HPA Campus
2001	Kamehameha Schools-Kapalama	Steve Jenness	63	Todd Iacovelli	Punahou	15:45.0	Three Mile Course	Kauai Community College
2002	Kamehameha Schools-Kapalama	Steve Jenness	54	J.B. Bolson	Kamehameha Schools-Kapalama	16:36.0	Three Mile Course	Central Oahu Regional Park
2003	Iolani	Jim Rubasch	56	Jerry Kamaka'ala	Kamehameha Schools-Kapalama	16:30.0	Three Mile Course	Dunes at Mauna Lani
2004	Kamehameha Schools-Kapalama	Steve Jenness	73	Emmett Weatherford	HPA	17:21.6	Three Mile Course	HPA Campus
2005	Iolani	Jim Rubasch	66	Jeremy Kamaka'ala	Kamehameha Schools-Kapalama	15:22.4	Three Mile Course	Kauai Community College
2006	Kamehameha Schools-Kapalama		79	Bryce Jenkins	Leilehua High School	16:23.3	Three Mile Course	Central Oahu Regional Park
2007	Leilehua	Shawn Nakata	37	Bryce Jenkins	Leilehua	16:07.95	Three Mile Course	Kapalua Village Golf Course
2008	Leilehua	Shawn Nakata	75	Bryce Jenkins	Leilehua	17:13.00	Three Mile Course	Hawaii Preparatory Academy
2009	Kamehameha-Kapalama	Steve Jenness	56	Margarito Martinez	Leilehua	15:50.05	Three Mile Course	Island School
2010	Kamehameha-Kapalama	Steve Jenness	46	Margarito Martinez	Leilehua	15:56.65	Three Mile Course	Central Oahu Regional Park
2011	Leilehua	Shawn Nakata	55	Troy Esaki	Iolani	16:29.0	Three Mile Course	Kapalua Village
2012	Kamehameha-Kapalama	Steve Jenness	83	Davis Kaahanui	Kamehameha-Kapalama	17:07.90	Three Mile Course	Hawaii Preparatory Academy

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Year	School	Coach	Score	Champion	School	Time	Course	Site
2013	Kamehameha-Kapalama	Steve Jenness	59	Davis Kaahanui	Kamehameha-Kapalama	15:47.51	Three Mile Course	Island School
2014	Kamehameha-Kapalama	Steve Jenness	48	Kaeo Kruse	Kamehameha-Kapalama	15:38.19	Three Mile Course	Central Oahu Regional Park
2015	Iolani	Jack Kuo	79	Kaeo Kruse	Kamehameha-Kapalama	15:22.23	Three Mile Course	Seabury Hall
2016	Iolani	Jack Kuo	35	Connor Lehl	Punahou	17:42.34	Five Kilometer Course	Hawaii Preparatory Academy
2017	Iolani	Jack Kuo	39	Colby Otero	Kalaheo	16:21.91	Five Kilometer Course	Island School, Kauai Community College
2018	Maui	Jared Welch	49	Adam Harder	Hanalani	16:50.85	Five Kilometer Course	Central Oahu Regional Park
2019	Punahou	Duncan Macdonald	41	Hunter Shields	Maui	16:15.60	Five Kilometer Course	Seabury Hall
2020	No State Tourney							
2021	Punahou	Duncan Macdonald	46	Kaimana (Jared) Cantere	Maui	18:48.26	Five Kilometer Course	HPA
2022	Iolani	Jack Kuo	57	Keane Palmer	Iolani	16:29.09	Five Kilometer Course	Island School, Kauai
2023	Iolani	Jack Kuo	43	Yuta Cole	Kalani	16:16.12	Five Kilometer Course	Central Oahu Regional Park
2024	Iolani	Jack Kuo	68	James Millare	Moanalua	15:57.27	Five Kilometer Course	Keopuolani Regional Park, Kahului
2025	Iolani	Jack Kuo	73	James Millare	Moanalua	16:00	Five Kilometer Course	Central Oahu Regional Park

Cross Country - Girls - Division I

Team				Individual				
Year	School	Coach	Score	Champion	School	Time	Course	Site
1973	Punahou	Hugh Jenkins	37	Lee Ann Mullen	Punahou	09:21.2	One and One-Half Mile Course	Pali Golf
1974	Punahou	Hugh Jenkins	43	Joni Pagala	Farrington	09:03.2	One and One-Half Mile Course	Waiehu Golf Course
1975	Radford	Thomas Chun	31	Kathy Robertson	Radford	08:50.3	One and One-Half Mile Course	Pali Golf
1976	Radford	Thomas Chun	48	June Chun	Roosevelt	09:48.2	One and One-Half Mile Course	HPA Campus
1977	Radford	Thomas Chun	25	Val Cravens	Kahuku	12:31.6	Two and One-Half Mile Course	Pali Golf
1978	Punahou	Dan Tuttle	47	Theresa Ellbogen	Hawaii Prep	14:39.0	Two Mile Course	Pali Golf
1979	Punahou	Hugh Jenkins	29	Carol Lam	Maryknoll	12:27.9	Two Mile Course	Waiehu
1980	Radford	Thomas Chun / Dan Tuttle	35	Tammy Cartwright	Radford	12:39.9	Two Mile Course	Hawaii Loa College
1981	Punahou	Hugh Jenkins	49	Tammy Cartwright	Radford	12:22.5	Two Mile Course	Hawaii Loa College
1982	Punahou	Hugh Jenkins	28	Michele Slipper	Punahou	13:17.1	Two Mile Course	HPA Campus
1983	Punahou	Hugh Jenkins	32	Nina Liahjell	Kaiser	12:08.0	Two Mile Course	Kaanapali

Cross Country - Girls - Division I

Team				Individual				
Year	School	Coach	Score	Champion	School	Time	Course	Site
1984	Punahou	Hugh Jenkins	54	Nina Liahjell	Kaiser	13:19.1	Two Mile Course	HPA Campus
1985	Punahou	Hugh Jenkins	33	Nina Liahjell	Kaiser	11:53.1	Two Mile Course	Wailua Golf Course
1986	Punahou	Hugh Jenkins	34	Fiona Glen	Moanalua	11:44.3	Two Mile Course	Kaanapali
1987	Hawaii Preparatory	Phil Conley	43	Missy Mowat	Kaiser	13:42.0	Two Mile Course	HPA Prep Campus
1988	Punahou	Hugh Jenkins	43	Ann Matthews	Punahou	11:54.8	Two Mile Course	Kauai CC
1989	Hawaii Preparatory	Phil Conley	67	Judy Stott	Hawaii Prep	11:39.6	Two Mile Course	Kaanapali
1990	Seabury	John Weinert	67	Erin Mendelson	Punahou	13:32.1	Two Mile Course	HPA Campus
1991	Punahou	Hugh Jenkins	37	Maria Bergenheim	Kalaheo	12:12.6	Two Mile Course	Kukuiolono Golf Course
1992	Punahou	Hugh Jenkins	36	Emily Taylor	Punahou	13:44.6	Two Mile Course	Kaanapali
1993	Hawaii Preparatory	Phil Conley	61	Magdalena Paszta	Kalaheo	13:17.2	Two Mile Course	HPA Campus
1994	Hawaii Preparatory	Phil Conley	70	Casey McGuire-Turcotte	Ka'u	12:22.8	Two Mile Course	Kukuiolono Golf Course
1995	Punahou	Hugh Jenkins	62	Eri Macdonald	Punahou	11:51.0	Two Mile Course	Waiehu Golf Course
1996	Punahou	Hugh Jenkins	32	Eri Macdonald	Punahou	13:33.0	Two Mile Course	HPA Campus
1997	Punahou	Hugh Jenkins	31	Eri Macdonald	Punahou	12:13.0	Two Mile Course	Waiakea Campus
1998	Iolani	Greg Char	53	Eri Macdonald	Punahou	11:44.0	Two Mile Course	Kauai CC
1999	Punahou	Duncan Macdonald	27	Victoria Chang	Punahou	12:27.0	Two Mile Course	Maui Lani Golf Course
2000	Punahou	Duncan Macdonald	61	Annie Kawasaki	St. Francis	13:26.0	Two Mile Course	HPA Campus
2001	Iolani	Greg Char	52	Christal Cuadra	Maryknoll	12:03.0	Two Mile Course	Kauai CC
2002	Iolani	Greg Char	37	Nicole Anderson	Iolani	12:02.0	Two Mile Course	Central Oahu Regional Park
2003	Iolani	Greg Char	61	Tia Ferguson	Seabury Hall	11:46.0	Two Mile Course	Dunes at Mauna Lani*
2004	Kamehameha Schools-Kapalama	David Friedemann	61	Lauren Ho	Hawaii Baptist	12:34.0	Two Mile Course	HPA Campus
2005	Punahou	Duncan Macdonald	40	Lauren Ho	Hawaii Baptist	18:11.0	Three Mile Course	Kauai Community College
2006	Punahou	Duncan Macdonald	49	Juliana Besenbruch	Maryknoll	19:26.8	Three Mile Course	Central Oahu Regional Park
2007	Punahou	Duncan Macdonald	64	Kristin Ali Keith	Mililani	19:31.55	Three Mile Course	Kapalua Village Golf Course
2008	Punahou	Duncan Macdonald	48	Bailey Massenburg	King Kekaulike	20:42.90	Three Mile Course	Hawaii Preparatory Academy
2009	Punahou	Duncan Macdonald	62	Elli Brady	Punahou	18:53.85	Three Mile Course	Island School
2010	Punahou	Duncan Macdonald	48	Dakota Grossman	Seabury Hall	19:25.50	Three Mile Course	Central Oahu Regional Park
2011	Hawaii Preparatory	Mike Franklin		Dakota Grossman	Seabury Hall	19:27.5	Three Mile Course	Kapalua Village
2012	Punahou	Duncan Macdonald	42	Dakota Grossman	Seabury Hall	20:21.85	Three Mile Course	Hawaii Preparatory Academy
2013	Punahou	Duncan Macdonald	62	Dakota Grossman	Seabury Hall	18:17.04	Three Mile Course	Island School
2014	Punahou	Duncan Macdonald	45	Lisa Tashiro	Kaiser	18:59.90	Three Mile Course	Central Oahu Regional Park

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Team				Individual				
Year	School	Coach	Score	Champion	School	Time	Course	Site
2015	Punahou	Duncan Macdonald	46	Amanda Beaman	Iolani	18:26.74	Three Mile Course	Seabury Hall
2016	Punahou	Duncan Macdonald	28	Veronica Winham	Seabury Hall	20:55.66	Five Kilometer Course	Hawaii Preparatory Academy
2017	Punahou	Duncan Macdonald	19	Veronica Winham	Seabury Hall	19:16.10	Five Kilometer Course	Island School, Kauai Community College
2018	Punahou	Duncan Macdonald	15	Chloe Gangnath	Seabury Hall	19:20.73	Five Kilometer Course	Central Oahu Regional Park
2019	Punahou	Duncan Macdonald	26	Emily Naylor	Kalaheo	19:37.87	Five Kilometer Course	Seabury Hall
2020	No State Tourney							
2021	Punahou	Duncan Macdonald	26	Izzy Ford	Punahou	21:24.07	Five Kilometer Course	HPA
2022	Punahou	Duncan Macdonald	38	Zola O'Donnell	Mililani	19:07.92	Five Kilometer Course	Island School, Kauai
2023	Punahou	Todd Iacovelli	65	Kekaihlani Halpern	Hilo	19:25.56	Five Kilometer Course	Central Oahu Regional Park
2024	Radford	Tyler Sissel / Elizabeth Patton	88	Sadie Krueger	Moanalua	18:04.22	Five Kilometer Course	Keopuolani Regional Park, Kahului
2025	Kalaheo	Peter Jay	61	Sadie Krueger	Moanalua	18:03	Five Kilometer Course	Central Oahu Regional Park

Cross Country - Boys - Division II

Winning Team				Runner-Up Team			
Year	School	Coach	Score	School	Coach	Score	Site
2012	Hawaii Baptist	Derek Coryell	138	Seabury Hall	Bill Frampton	254	Hawaii Preparatory Academy
2013	Seabury Hall	Bill Frampton	265	Honokaa	Jerri Moniz	277	Island School
2014	Hawaii Preparatory	Lupe Diaz	271	Honokaa	Jerri Moniz	339	Central Oahu Regional Park
2015	Hawaii Preparatory	Lupe Diaz	265	Hawaii Baptist	Aaron Kondo	299	Seabury Hall
2016	Konawaena	Patrick Bradley	38	Hawaii Prep	Lupe Diaz	47	Hawaii Preparatory Academy
2017	Hawaii Baptist	Aaron Kondo	42	Hawaii Prep	Lupe Diaz	49	Island School, Kauai Community College
2018	Hawaii Baptist	Aaron Kondo	47	Seabury Hall	Bill Frampton	62	Central Oahu Regional Park
2019	Seabury Hall	Bill Frampton	47	Hawaii Baptist	Aaron Kondo	51	Seabury Hall
2020	No State Tourney						
2021	Hawaii Baptist	Aaron Kondo	52	Hanalani	Jeremy Honold	57	HPA
2022	Hawaii Baptist	Aaron Kondo	41	Seabury Hall	Bobby Grossman	45	Island School, Kauai
2023	Seabury Hall	Bobby Grossman	32	Hawaii Baptist Academy	Aaron Kondo	38	Central Oahu Regional Park
2024	Hawaii Baptist	Aaron Kondo	39	Seabury Hall	Bobby Grossman	53	Keopuolani Regional Park, Kahului
2025	Hawaii Prep	Mark Ravaglia	52	Hanalani	Jeremy Honold	55	Central Oahu Regional Park

Cross Country - Girls - Division II

Winning Team

Runner-Up Team

Year	School	Coach	Score	School	Coach	Score	Site
2012	Seabury Hall	Bobby Grossman	207	Kamehameha-Hawaii	Joel Truesdell	247	Hawaii Preparatory Academy
2013	Seabury Hall	Bobby Grossman	92	Kamehameha-Hawaii	Joel Truesdell	325	Island School
2014	Seabury Hall	Bobby Grossman	179	Maui Preparatory	Keenan Reader	373	Central Oahu Regional Park
2015	Seabury Hall	Bobby Grossman	104	Hawaii Prep	Kimo Higgins	250	Seabury Hall
2016	Seabury Hall	Bobby Grossman	17	Hawaii Baptist	Derek Coryell	86	Hawaii Preparatory Academy
2017	Seabury Hall	Bobby Grossman	23	Hawaii Baptist	Derek Coryell	46	Island School, Kauai Community College
2018	Hawaii Baptist	Derek Coryell	21	Seabury Hall	Bobby Grossman	57	Central Oahu Regional Park
2019	Hawaii Baptist	Derek Coryell	29	Seabury Hall	Bobby Grossman	40	Seabury Hall
2020	No State Tourney						
2021	Hawaii Baptist	Shelby Tanaka	30	Hawaii Prep	Kimo Higgins	54	HPA
2022	Hawaii Baptist	Shelby Tanaka	29	Hawaii Prep	Kimo Higgins	68	Island School, Kauai
2023	Hanalani	Jeremy Honold	48	Seabury Hall	Bobby Grossman	54	Central Oahu Regional Park
2024	Hawaii Prep	Kimo Higgins	43	Hawaii Baptist	Shelby Tanaka	43	Keopuolani Regional Park, Kahului
2025	Hanalani	Jeremy Honold	52	Hawaii Prep	Sierra Huebert-Sanchez	54	Central Oahu Regional Park