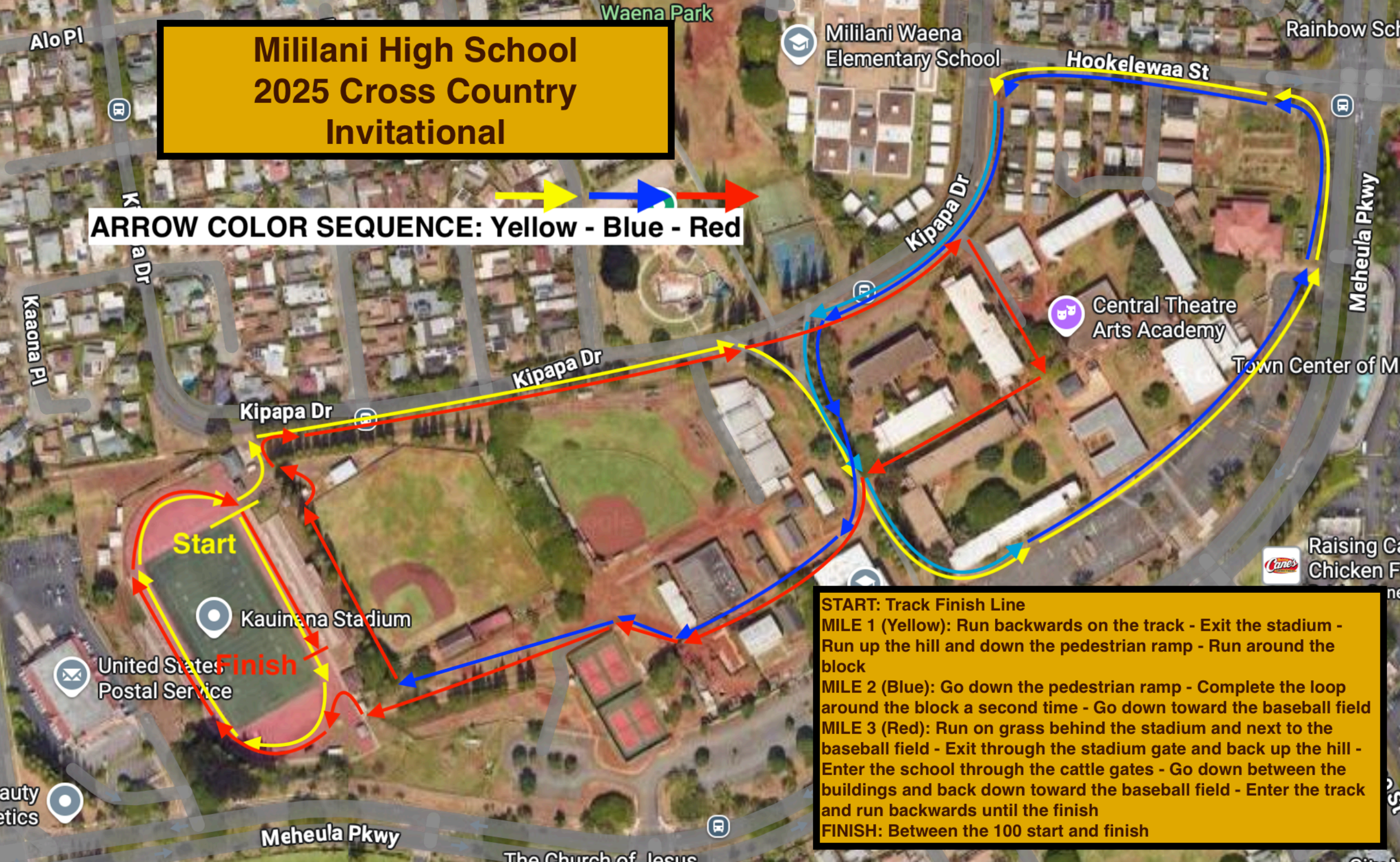


# Mililani High School 2025 Cross Country Invitational

ARROW COLOR SEQUENCE: Yellow - Blue - Red



**START:** Track Finish Line  
**MILE 1 (Yellow):** Run backwards on the track - Exit the stadium - Run up the hill and down the pedestrian ramp - Run around the block  
**MILE 2 (Blue):** Go down the pedestrian ramp - Complete the loop around the block a second time - Go down toward the baseball field  
**MILE 3 (Red):** Run on grass behind the stadium and next to the baseball field - Exit through the stadium gate and back up the hill - Enter the school through the cattle gates - Go down between the buildings and back down toward the baseball field - Enter the track and run backwards until the finish  
**FINISH:** Between the 100 start and finish